

WE OPEN FROM 9:00 TO 20:30

ONLY BEFORE 12:00



BANANA TOAST 8.5€
Caramelized banana with peanut butter fresh blueberries and nuts



SCRAMBLED EGG 9.5€
Marinated silk tofu, with rocket tomatoes, mayo and pickles



PANCAKES 9.5€
Oat and banana pancakes with cacao cream a touch of vanilla and fresh blueberries



CHOCO - BANANA 7€
Home-made cacao and hazelnut cream with raw bananas, nuts and raspberries



PORRIDGE BOWL 10€
With fresh mango, banana and blueberries home-made vegan nutella, coco, chia seeds

AVAILABLE FROM 9:00 TO 17:00



AVOCADO 9€
With tomatoes, spring onions, black sesame pesto and mayo



AÇAI SMOOTHIE BOWL 10€
Cold blended fruit base topped with homemade granola coconut flakes chia seeds, goji berries and fresh fruits



MANGO SMOOTHIE BOWL 9.5€
Cold blended fruit base topped with homemade granola coconut flakes chia seeds, goji berries and fresh fruits



BLUEBERRY YOGURT BOWL 9.5€
In this case we are using a blueberry yogurt base

ALL DAY MENU

STARTERS



JAPANESE CRISPY TACO 12€
Crispy seaweed tacos with avocado sushi rice - veggies and korean sauce



SUMMER ROLL 9.5€
Rice paper rolls with fresh veggies mango served with red thai curry-soy sauce



COLIFLOWER TEMPURA 7€
served with home-made spicy mayo



BROCCOLI TEMPURA 7.5€
served with home-made spicy mayo



KOREAN RICE CAKE 13€
Crispy sushi rice cake with avocado cream, no chicken finish with a sweet chilli and persille



EDAMAME & SALT 4.5€
SPICY EDAMAME 5€



TZATZIKI 6.5€
Greek yogurt sauce served with bread



GRILLED CORN 9.5€
With Korean sweet chili sauce

SANDWICH



FETA SANDWICH 9€
With mayo, pesto, rucula, tomatoes pickles and red cabbage



BOLOGNESE 9€
With mayo, green onions, rucula, tomatoes, pickles and red cabbage

SALADS



MEXICAN BOWL 14€
Quinoa tabbouleh with guacamole black beans, tzatziki, and mojo-sauce



BROCCOLI SALAD 10.5€
Infused with cashew mayo and apple cider vinegar, raisins and feta

MAINS



SUSHI BURRITO 14€
Grilled with mozzarella, beans, spicy mayo and green onions



PAD-THAI 14€
Made with seasonal veggies coconut, nuts and spring onions
ADD TOFU15€
ADD "CHICKEN"16€



LENTIL SOUP 10.5€
Middle eastern style lentil soup potatoes - saffron - spices - cilantro - served with bread



BURGER 15€
Jack fruit burger with spicy mayo red-cabbage coleslaw and salad served with fries



FAJITAS 15€
No-chiken fajitas with tomatoes, canarian mojo sauce tzatziki and parsley



PASTA BOLOGNESE 14.5€
A classic made with soy and nutritional yeast and pesto



AREPA 10€
Home-made corn bread with black beans, avocado and mojo sauce



TACOS 13.5€
Our famous bolognese served in 3 Fajita bread with mayo and avocado

SUSHI



BLUE SUSHI 13.5€
Blue spirulina sushi with marinated sour broccoli and rucula



SUSHI TEMPURA 11.5€
With silk marinated tofu dild and spicy mayo



MANGO-FETA SUSHI 14€
With avocado - sesame spicymayo



MAKI ROLLS 8 pieces
AVOCADO.....9.5€
CUCUMBER..... 8.5€

KIDS MENU

- NUGGETS 6 FRIES 4.5**
- SMALL PASTA BOLOGNESE 10**
- MAKI AVOCADO OR CUCUMBER 9**
- GRILLED CORN 6**
- RICE & "CHICKEN" 7**
- PLAIN BURGER & FRIES 10**

DESERTS

- MANGO-PASSION FRUIT 8.50€**
Vegan, gluten free, with no refined or artificial sugars Top with fresh mango and passion fruit
- CHOCOLATE 8.00€**
Vegan, gluten free, with no refined or artificial sugars Finish with choco cream and nuts
- BLUEBERRY CHEESECAKE 7.50€**
Vegan, gluten free, with no refined or artificial sugars Finish with a touch of coco and berries

All prices include IVA tax (10% IVA)

Please let us know if you have any food allergies or special dietary needs

